



HURLBURT FIELD

# RETIREE ACTIVITIES OFFICE NEWSLETTER

FALL 2019

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## WEBSITES

**Air Force Personnel CTR**  
[AFPC.Randolph.af.mil](http://AFPC.Randolph.af.mil)

**Defense Finance Service**  
[DFAS.mil](http://DFAS.mil)

**Dept. of Veterans Affairs**  
[VA.gov](http://VA.gov)

**Express Scripts**  
[Express-Scripts.com](http://Express-Scripts.com)

**Force Support Squadron**  
[MyHurlburt.com](http://MyHurlburt.com)

**Medicare**  
[Medicare.gov](http://Medicare.gov)

**Retiree Activities Office**  
[MyHurlburt.com](http://MyHurlburt.com)

**Social Security  
Administration**  
[SSA.gov](http://SSA.gov)

**TRICARE**  
[TRICARE.mil](http://TRICARE.mil)

# stay stay CONNECTED INFORMED

We can never thank you enough for you and your family's service to our country. You have helped shape our nation to be strong and independent, and because of that, we thank you! We know you look forward to this yearly newsletter, so we have some exciting news for you! In order to provide you with more up-to-date information, The 1st Special Operations Force Support Squadron's (1 SOFSS) UP + About magazine and website, has dedicated an entire page to you... "The Retiree Connection."

The 1 SOFSS at Hurlburt Field is commanded by Lt. Col. Olivia S. Moss and provides programs, services and events to the Hurlburt Field community. The UP + About magazine is published monthly by 1 SOFSS Marketing. 1 SOFSS is dedicated to supporting not only our Active Duty members and their families, but also the Retiree community.

The Retiree Connection page includes the information you need to stay updated on all things Hurlburt! The page also provide information about the Retiree Activities Office, Medical, Insurance, DoD ID cards, VA Benefits, Legal Services and more. 1 SOFSS will keep



you up to date about all of our upcoming Community Events, Programs, Specials, and Club Membership events! Become a Club Member today and SAVE, visit <https://www.memberplanet.com/account/usaf>. You are always welcome to our fun events at Hurlburt Field and we love having you join us!

Stay connected, be informed through the UP + About magazine and our [www.myhurlburt.com](http://www.myhurlburt.com) website! We love having you as part of our Hurlburt Field community! So, pick up next month's UP + About magazine or check out the Retiree Connection page on [www.myhurlburt.com](http://www.myhurlburt.com) to stay connected!

In addition to the UP + About magazine and website, you can follow us on Facebook, sign up for text messaging, and our weekly e-newsletter. All this can be accomplished by visiting our website at [www.myhurlburt.com](http://www.myhurlburt.com).



DEPARTMENT OF THE AIR FORCE  
1ST SPECIAL OPERATIONS WING (AFSOC)  
HURLBURT FIELD FLORIDA

15 July 2019

MEMORANDUM FOR HURLBURT FIELD AREA RETIREES

FROM: 1 SOW/CC  
212 Lukasik Avenue, Suite 315  
Hurlburt Field FL 32544-5409

SUBJECT: Retiree Appreciation Invitation, 17-18 October 2019

1. As retirees, you have served our Air Force and nation with pride and distinction. You are an important part of Hurlburt Field and our Air Force family. In recognition of your contributions and dedication, the 1st Special Operations Wing is hosting Retiree Appreciation Days at Hurlburt Field. You are cordially invited and I sincerely hope you can take advantage of these activities.

2. The activities include the following:

- a. Commissary "Sidewalk Sale": 17-19 October 2019.
- b. Base Exchange "Sidewalk Sale": 17-19 October 2019.
- c. The Clinic will be providing free flu shots on 17-18 October 2019, 0900-1500 at the Hurlburt BX Mall.
- d. Hurlburt Lanes bowling special: 17-18 October 2019, 0900-1700. Free bowling (3 games per ID card holder) and \$1.00 shoe rental.
- e. Golf Course special: 17-18 October 2019. Free green fees – cart required for \$15.
- f. Blood Mobile, 18 October 2019, 1000-1500 at the Base Exchange.
- g. Shingles shots will be available while supplies last: 17-18 October 2019, Hurlburt Clinic Immunization office.
- h. There will be representatives from TRICARE, Dental Program (FEDVIP), Federal Long Term/Care Insurance and Bob Hope Village at the Base Exchange.

3. The Hurlburt Field Retiree Activities Office is located in the middle of the 1st floor of Bldg 90210 (1st SOW HQs, where MPS and I.D Cards are located). Hours of operation are Monday-Friday, 0900-1200, and can be reached at (850) 884-5443. The Retiree Activities Office has information that will be of interest for retirees and their families.

  
MICHAEL E. CONLEY, Colonel, USAF  
Commander



# RETIREE APPRECIATION EVENT DAYS 17-19 Oct 2019

**Commissary Sidewalk Sale**  
17-19 October • 9am-7pm

**Base Exchange  
Sidewalk Sale**  
17-19 October • 9am-7pm

**Hurlburt Clinic**  
Free Flu Shots @ The Exchange  
17 & 18 October • 9am-3pm

**TRICARE, Dental Program  
(FEDVIP), FLTCIP,  
and Bob Hope Village**  
reps available @ The Exchange  
17 & 18 October • 9am-3pm

**Hurlburt Lanes Special**  
Free Bowling and \$1 shoe rental  
17 & 18 October • 9am-5pm

**Shingles Shots**  
@ Hurlburt Clinic  
Immunizations Office  
17 & 18 October  
While Supplies Last

**Gator Lakes  
Golf Course Special**  
FREE green fees  
– cart required \$15  
Tee times requested  
(850) 881-2251  
17 & 18 October • 6am-Dusk

**Blood Mobile**  
@ The Exchange  
Friday, 18 October  
10am-3pm



## STILL SERVING

The Hurlburt Field Exchange proudly salutes the 53,000 local men and women who have retired from the armed service and we are excited to share our newly renovated store and expanded food options in the food court. Under one roof, you will now find the Exchange with Popeye's Chicken, Charley's Philly Steak and Subway and Starbucks Coffee. In addition, customers will now find GNC, Patriot Outfitters, Alterations and Cartouche and Coin Shop in the Exchange mall area. Additionally, the Hurlburt Field MCS is now located inside the main Exchange.

For the annual "Still Serving" event, the Exchange will offer the annual sidewalk sale, vendor demos and special offerings throughout the store. We are excited to show off our new Be Fit Center with expanded selection in athletic shoes and clothing, new additions in our Prestige Cosmetics, expanded selection of men's and ladies accessories and a brand new Out Door Living and Garden Shop. The Firearms counter



## COMMISSARY CORNER

Your Hurlburt Field Commissary Store Director, Kim Jackson and her staff would like to thank all retirees and their families for their service and welcome you to come shop your commissary. During Retiree Appreciation days, we will offer some great deals.

The commissary will hold a "Back to School" Sidewalk sale during the month of August, so for "Retiree Appreciation Days," October 17-19 we will have a special sales event just for you!

If you haven't been shopping in a while, there are some new programs that have been initiated. One of the new programs is the "YES" program. It started

is now fully operational with a highly knowledgeable staff to answer your questions and find your desired firearm.

New in 2019 the Hurlburt Field Exchange is now offering our Buy On Line and Pick Up In Store option for customers to shop at their convenience and pick up at the Exchange. All orders processed by 2pm will be ready for same day pick up. Retirees from all branches of service have the privilege to shop in store and on line at <https://www.shopmyexchange.com/> for an expanded selection of what might not be available in all Exchange locations. On November 10, 2017, the Exchange expanded our on line shopping privilege to all Veterans. To register as a Vet go to <https://www.vetverify.org>. We are happy to welcome home all who have served with our new Veterans On Line Shopping Benefit. Serving those who have served is an honor and privilege at the Exchange.



Cont'd on page 4

the 1st of June last year and continues to be very successful. We have put "YES" stickers on the electronic Sales Price Label of several products. "YES" stands for "Your Everyday Savings". We are lowering prices on many of our most frequently purchased items. Our goal is to improve your everyday savings on the products that are most important to you, the patron. There is an assortment of items throughout the store which can be identified by an orange YES! Label beneath the item. These are not promotional items, they are in addition to the promotional items that are placed at the end of each aisle on what we call EndCaps. Plus, if a YES! item does go on promotion, it will be reduced even further! While you may find off-base grocers with lower prices at times, we have set these prices so they will be lower year-round. Over the course of a year, the savings will be over what you can find in the market.

Another program for all of us who have to take care of our health is the "GNP" campaign. The "GNP" General Nutrition Program has small plastic signs underneath the items that show you the nutritional information you may need, such as "Low Sodium", "No added Sugar", "Low Fat", "High Fiber", "Organic", and "Gluten Free", depending on your personal health needs. It makes finding the nutritional items you need a lot easier.

Your commissary has also added "Store Brand" products to the assortment. Many patrons requested that the commissary carry items like the off-base store brands, so DeCA went the extra mile to have items made specifically for the commissary. These brands are "Freedom's Choice", which are food items, "Top Care", for Health & Beauty items, and "Home Base", which are non-food items such as paper towels, and plastic baggies for example. Many new items have been added throughout the year as well. These commissary brands are sourced directly from our suppliers, so DeCA can buy the items at a lower cost than national brands and pass the savings on to you.

We also offer bulk items for those who like to buy in bulk. We get a new assortment to choose from each month so there are always new things to try in this area. We have the bulk items located on the first aisle after the produce department. These items are bigger packages of everyday items, such as detergent, candy, vegetables, spices, canned goods, and a lot more. If you like to buy in bulk, you have to try this section.

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or Ms. Jackson and we will do what we can to try and get it for you.

All of us at the Hurlburt Field Commissary are here to serve those who have served and protected us through all the years. We sincerely appreciate our military and our retirees. Come in and see for yourself. Our skilled meat cutters are proud to say they cut the best meat for our military members, retirees, and their families. The very friendly produce staff pick the best produce, and work hard to make sure you enjoy your shopping trip. The grocery staff keeps the dairy and freezer sections stocked and clean, and of course, the Hurlburt Field Office staff and Check-out staff is over the top in professionalism and friendliness. Don't forget the Bakery/Deli! Fresh bread, breakfast and lunch sandwiches, rotisserie chicken, luncheon meats, cakes, sushi, and more! It is all here for you. We hope to see you soon!

## AIR FORCE ENLISTED VILLAGE



The Air Force Enlisted Village (AFEV) is a 501c3 nonprofit organization that provides a safe, secure home for surviving spouses of retired enlisted airmen.

AFEV operates Bob Hope Village, an independent living community in Shalimar, Fla. in close proximity to Hurlburt Field and Eglin AFB, and Hawthorn House, an assisted living and memory support residence located on the Bob Hope Village campus.

Residents enjoy worry-free living while sharing memories of military life, as well as a multitude of activities and other conveniences. For residents in financial need, AFEV offers a benevolence fund program.

For more information about AFEV, Bob Hope Village or Hawthorn House, please call (850) 651-3766, email [info@afev.us](mailto:info@afev.us), or visit [www.afev.us](http://www.afev.us).



# LEGAL SERVICES FOR RETIREES

The Hurlburt Field Legal Office provides free legal assistance to Active Duty, Active Reserve, Active Guard, retirees and dependents. In honor of Retiree Appreciation Day, the Hurlburt Field Legal Office will offer Legal Assistance and Wills by appointment only for retirees on 17 October from 8-10:30am and Will Appointments for retirees on 18 October from 9-11:00am.

The Hurlburt Field Legal Office provides the following:

## Walk-in Power-of-Attorney and Notary Services

- Mon-Fri: 7:30am-4:30pm

## Scheduled Legal Assistance (Non-Will)

- Mon: 1-3pm

## Scheduled Wills & Health Care Agency

- Wed: 1-3pm

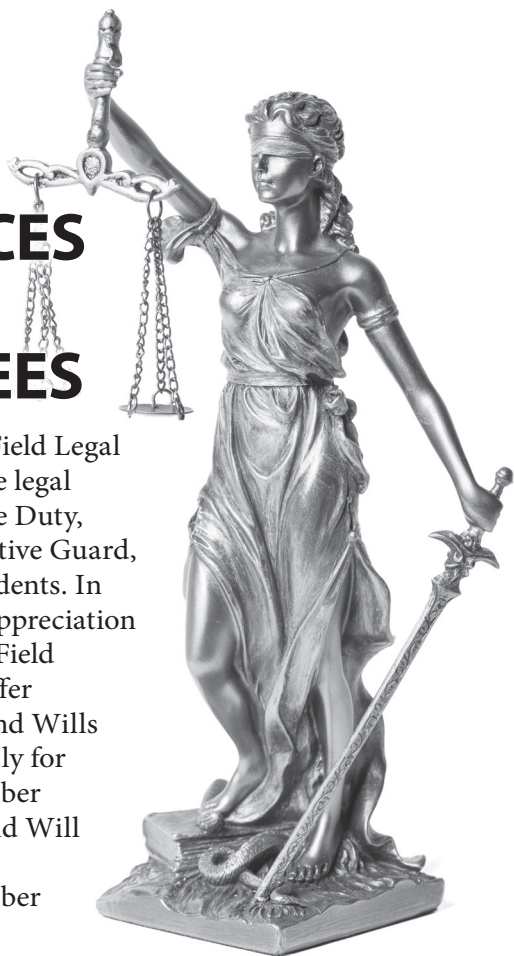
## Walk-in Legal Assistance (Non-Will)

- Thu: 8-10:30am

Military attorneys cannot represent clients in state courts or provide criminal law advice. Military attorneys may not interfere with an attorney-client relationship when a member is already represented by civilian counsel.

Prior to any will appointment, clients should complete the will worksheet from <http://aflegalassistance.law.af.mil>. Select "Legal Worksheets" and fill out the requested information. Once the form is completed, the website provides a ticket number. Call the legal office (850-884-7821) to schedule your will appointment. The full will appointment takes about 90 minutes.

The legal office is located on the second floor of building 90210, 212 Lukasik Ave, Suite 255.



# YOUR HAVE YOU VISITED COMMANDO LIBRARY LATELY?

Can't find the library? We have moved to the Mini Mall at 437 Tully St. directly across from Burger King! Our old building is currently under renovations and we are expected to move back to that location in April/May 2020. In the meantime come by our temporary home, grab a cup of coffee at Rickenbacker's, or a delicious lunch from Velocity Cafe and check us out. We have all of your recreational reading and viewing needs with the latest books, audio books, movies, and TV shows as well as local newspapers, magazines, and the NY Times best sellers. What we don't have we can get for you with our Interlibrary loan program. As always, everything is free for all military ID card holders and their dependents regardless of status or branch of service.

Our knowledgeable staff is here to help you find what you need and to ensure you are able to access all the resources available to you including e-books, e-audio books on Overdrive, rbDigital, and Hoopla as well as databases such as Consumer Reports, A to Z Databases (great for looking up people and companies) or *Ancestry.com* for genealogy research.

Need access to technology? We have Wi-Fi, laptops, and desktop computers for you to use. You can scan, fax and print for free (limited). If you need some technology help, just ask. Our staff is here to help. You can drop in with your devices or call and set up a one on one appointment with our computer tech.

We also have a Friends of the Library group that is looking for a few good volunteers to sort through donations and help with book sales, so stop by and see us at 437 Tully St. or give us a call at (850) 884-6266.

We are open Monday through Thursday, 8am to 7pm, Fridays 8am to 3pm, and Saturdays 9am to 1pm. You can also check us out at [myhurlburt.com](http://myhurlburt.com).



# MEDICAL GROUP RENOVATION PROJECT

Great News! Your 1st Special Operations Medical Group will receive a much needed update to our facilities. We have secured funding for a \$50.2M renovation which includes almost all of the departments that serve you. We ask for your patience as we implement these improvements to provide you with a more modern, functional, and safe environment to facilitate your care.

What does this mean for you and your family members? Some of the clinics or departments you use may move to a temporary location during the renovation, while some will remain in place. Other departments will move to a new location altogether. Please review the timeline below for the moves planned for each department:

## REMAINING IN PLACE (NOT MOVING)

- **Laboratory**
- **Radiology (X-Ray)**

## JANUARY 2018

- **Pharmacy** moved to Temporary Phasing Facility (TPF)

## OCTOBER 2018

- **Pediatrics** moved to TPF
- **Immunizations** moved to TPF

## MAY 2019

- **Family Health Clinic** moved to TPF

## JUNE 2019

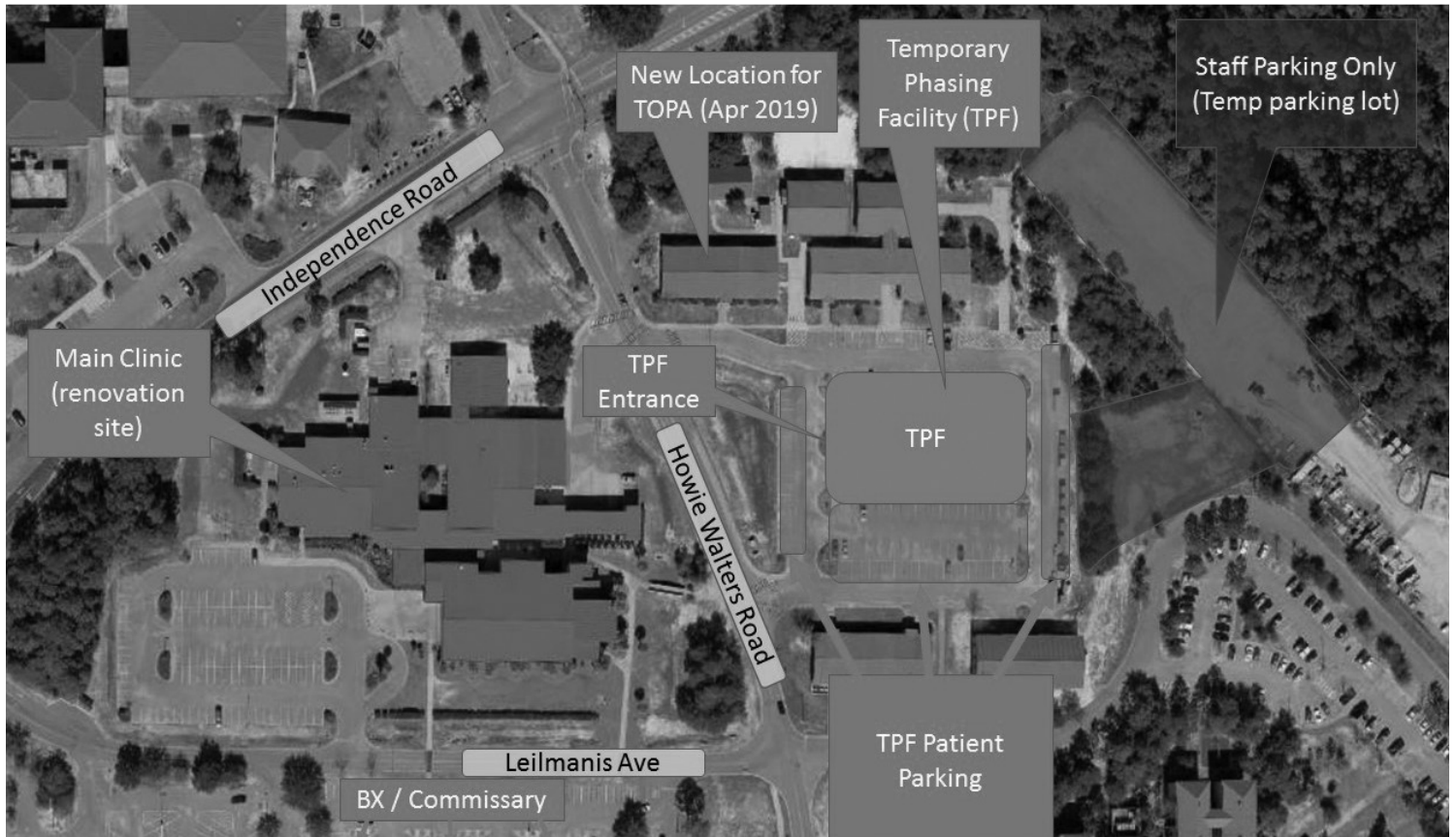
- **TRICARE Operations and Patient Administration (TOPA)** moved to new location

## SEPTEMBER 2019

- **Pharmacy** moving back to original location in the main clinic
- **Pediatrics** moving back to original location in the main clinic
- **Immunizations** moving back to original location in the main clinic
- **Family Health** moving back to new location in the main clinic

Please keep in mind, even though some of the departments are remaining in place they will still be affected by the renovation. There may be inconveniences during construction, however, your MDG team will maintain your access to care as our highest priority. We will keep you informed and we ask for your patience as we build a better facility for you.

Your MDG marketing team will publicize exact dates of the moves as we get closer so please stay tuned to the MDG Facebook page, website, posters, and flyers. We look forward to our upcoming project and are excited about the improvements that will be realized for our patients!





# RETIRED SERVICE MEMBERS AND FAMILIES

## ARE YOU AWARE OF YOUR HEALTH PLAN OPTIONS?

You need to know, as a retired service member with eligible families' members, you are eligible for an extensive array of medical options: You may be entitled to such options as:

- **TRICARE Prime**
- **TRICARE Select**
- **US Family Health Plan (in specific U.S. locations)**
- **TRICARE For Life (with Medicare Part A & B coverage)**
- **TRICARE Select Overseas**

Additionally, adult unmarried children who "age out" at 21 (or 23 if attending college) may qualify to purchase **TRICARE Young Adult**. TRICARE Young Adult enrollment can begin at age 21 and ends at age 26.

If you decide to enroll or make changes to your retired military medical health plan options, please remember the **TRICARE Open Season** is the annual period when you can enroll in or change your health plan for the next year. It occurs each fall, beginning on the Monday of the

second full week in November to the Monday of the second full week in December. During the Open Season will be able to: enroll in a new **TRICARE Prime** or **TRICARE Select** plan and or change your enrollment (e.g., from individual to family). For more information you may call 1-800-444-5445.

As you are aware, your dental and vision options have also changed. The **TRICARE Retiree Dental Program (TRDP)**, provided by Delta Dental, ended on Dec. 31, 2018. Now you may be eligible for dental and vision coverage through the **Federal Employees Dental and Vision Insurance Program (FEDVIP)**. You can enroll in, change, or cancel a FEDVIP dental and/or vision plan during the next FEDVIP open season, 12 November through 10 December 2019 or after experiencing a FEDVIP qualifying life event (QLE).

For even more information on your health plan options, visit [www.humanamilitary.com](http://www.humanamilitary.com) or call 850-881-2620.

## RETIRING FROM ACTIVE DUTY?

Retiring from active duty, whether a medical retirement or a regular retirement, is a significant life event. You should know before you retire which TRICARE programs best suit your and your family's needs. Once you retire, you'll only have 90 days from your retirement date to enroll in a TRICARE plan to continue TRICARE coverage. Otherwise, you will have no TRICARE purchased care coverage and will only be able to access care at military hospitals and clinics on a space-available basis.

If you retire from active duty and are under age 65, you can choose either TRICARE Prime (where available) or TRICARE Select (available worldwide). You should decide before you retire which one best suits your and your family's needs.

You may re-enroll in TRICARE Prime if you live in a Prime Service Area (PSA) or live within 100 miles of an available primary care manager and waive your drive-time access standards. You can see if you live in a PSA by using the TRICARE Plan Finder.

If you choose not to re-enroll in TRICARE Prime or don't live in a PSA, then you may enroll in TRICARE Select. With TRICARE Select, you can see any TRICARE-authorized provider you choose, but you save money when you use TRICARE network providers. Referrals are not required for most health care services, but some services require prior authorization from your TRICARE regional contractor.

If you live overseas, you may seek coverage under TRICARE Overseas Program (TOP) Select. TOP

Prime and TOP Prime Remote options are not available after retirement.

If you or a family member are, or become, entitled to premium-free Medicare Part A after your retirement, you or they will lose TRICARE coverage unless enrolled in Medicare Part B. With Medicare parts A and B, you or they will have coverage under TRICARE For Life.

For more information on how to enroll in a TRICARE plan, visit [Enroll or Purchase a Plan](#) on the TRICARE website. Learn more about TRICARE plans during retirement in the [Retiring from Active Duty Brochure](#).





# It's a great time to golf at Gator Lakes!

Written by Julia Greer

*A bad day of golf beats a good day at work!*

**I**t's time to celebrate the one year anniversary of the many upgrades to Gator Lakes Golf Course! And now, Golf Manager Jason Woodling is making huge strides in continuing improvements to Gator Lakes. The overall appearance of the course isn't far from Jason's mind.

"The golf course is in better shape than it has been in years," Jason describes. "The increase in memberships shows that Gator Lakes is drawing golfers back to Hurlburt." Throughout the year, Jason and his team have been busy taking care of greens, and organizing events to help showcase Gator Lakes and how much love goes into making this course a tremendous asset to the Hurlburt community.

In November 2017, Gator Lakes reopened with greener greens after a 2.1 million dollar irrigation upgrade along with the remodeling of the Pro Shop and golf course eatery, Oasis Café. The course has built its reputation on outstanding customer service, along with providing all guests a challenging yet affordable golfing experience.

Prior to the reopening of Gator Lakes, reviews were not kind, but since the irrigation upgrade the staff has been diligently trimming the tee box, tending to the fairways and plucking the weeds around the greens. However, when you knock a ball into the wooded area, golfers need to heed the warning because there are snakes that lurk in the bramble. "There's not a whole lot



we can do about that." Jason grins. "Be careful about the water hazards," he continues, "how do you think it got the name Gator Lakes?" The famed Crooked Tail gator rests at hole 14, but while you're out golfing you can spot more gators at holes 6 and 17.

Despite the cold-blooded onlookers, Gator Lakes continues to rise in popularity through monthly golf tournaments and exclusive lessons that are offered year-round.

**Gator Lakes Golf Course**

**(850) 881-2251**

**Mon-Sun | 6AM-Dusk**

**403 Walkup Way**






# FORCE SUPPORT SQUADRON HEALTHIER FOOD OPTIONS

Remember, countless hours in the gym cannot beat a poor diet. Fuel your body with fresh, nutritious food options right here at our own FSS facilities.

Before you spend hundreds of dollars on those fad diets or those super weight loss pills you saw on that infomercial, find out how our healthy eats at Hurlburt can be the most convenient and affordable way to reach your health goals!

Check out the list below to see how FSS can help YOU stay on track. Look for the leaf icon  on our menus.



## Fresh Salads, Fruit, Sandwiches & More!

### Oasis Café *(Located at Gator Lakes Golf Course)*

Chef's Salad	Turkey Burger
Caesar Salad	Grilled Chicken Sandwiches
Grilled Chicken Salad	Chicken option for Cheese Steak
Tuna Salad	Fresh Fruit
Veggie Burger	

They've got a ton of ways to help slash calories and savor the flavor. Sub your favorite burger with a veggie or turkey patty. You can also switch to ground turkey for the taco salad, or chicken for the Cheese Steak for a leaner protein option. Add the side of fresh fruit and you're lunch becomes the ultimate powerhouse for your fitness goals.

### Rickenbacker's *(Located inside Mini Mall)*

Iced or Hot Café Americano	Tazo Hot Tea
Coffee of the Day	Solo or Doppio Espresso
Iced or Hot Café Latte	

Try subbing for Skim, Soy or Almond milk to slash some of those calories in your favorite drinks. Need the sweet? Try half the amount of syrups or sauces, or even try substituting for their Sugar Free Vanilla syrup.

### Sparetime Grill *(Located inside Hurlburt Lanes Bowling Center)*

Grilled Chicken Salad	Grilled Chicken Wrap
Chef Salad	BLT Sandwich
Grilled Chicken Bacon Salad	Grilled Tuna Melt
Garden Salad	Tuna Salad Sandwich
Steak Wrap	Club Sandwich

No need to cut the bread, we've got wheat, rye and pumpernickel options to steer away from the starchy carbs!

### The B1STRO *(Located inside Building 1)*

Club Sandwich	Garden Salad
B1STRO Sandwich	B1STRO Salad
Chef Salad	Chicken Bacon Salad

The B1STRO is the perfect place for a quick, healthy lunch fix. You can even call in your order ahead of time so you aren't tempted by other food on the way! You won't get tired of the recipes, when you can switch from a high-fiber multigrain bun or a lighter fare wrap-style!

### The Hooch Restaurant and Bar

*(Located inside The Soundside Club)*

Chef Salad	Tuna Sandwich
Grilled Chicken Salad	Grilled Chicken Sandwich
Steak Salad	Grilled Mahi-Mahi Tacos
Bahamian Grilled Mahi-Mahi	Caribbean Mahi-Mahi Sandwich
Caesar Salad	

Watching calories and/or fat content? Nix the temptation of French fries and swap for a side salad when possible. Try ordering those high calorie salad dressings and sauces on the side to monitor amount. Also, removing cheese from your meal can significantly lower those pesky fat calories.

### Velocity Café *(Located inside Mini Mall)*

Club Sub	Chicken Salad Sub
New York Sub	Chef Salad
Roast Beef Sub	Grilled Chicken Salad
Ham or Turkey Sub	Tossed Salad (Small)
Tuna Salad Sub	

When opting for one of the high-protein sandwiches, choosing the multigrain bread and loading all the fresh veggies you can handle is a great way to cure your hunger pains and save the calories.

# INFLUENZA: THE QUICK FACTS

The flu is a contagious respiratory illness caused by influenza viruses that infect the nose, throat, and lungs. It can cause mild to severe illness, and at times can lead to death. The best way to prevent the flu is by getting a flu vaccine each year.

Signs and symptoms include fever, cough, sore throat,

runny or stuffy nose, muscle or body aches, headaches and fatigue.

Certain people are at greater risk for serious complications if they get the flu. This includes elderly people, young children, pregnant women and people with certain health conditions, such as asthma, diabetes, or heart disease.

For our senior population, the seasonal flu can be very serious, even deadly. Ninety percent of flu-related deaths and more than half of flu-related hospitalizations occur in people age 65 and older. Because of this, the aforementioned population is considered “High Risk.”

In order to ensure you have the best protection available against this rapid changing virus, the I SOMDG provides influenza immunization to all our beneficiaries. Please do not hesitate to contact us if you start having flu-like symptoms.

Follow these basic steps during this upcoming flu season to mitigate any chance of catching “the flu”

- Get your flu shot
- Practice good hygiene
- Monitor for any signs and symptoms of infection

If you have any questions please contact your local Public Health office (850) 881-1528.



# SURVIVOR BENEFITS

## Reporting the Death of a Retiree

Please report the death of a retired service member as soon as possible to avoid delay and possible financial hardship to surviving beneficiaries. You can contact the Hurlburt Field Casualty Office at (850) 884-2686 for assistance with this claim as well as other applicable claims, for example Survivor Benefit Plan (SBP) Claim, Civil Service Claim, VA Claim, other insurance claims, ID Card appointment, etc. Our goal is to provide our survivors with “one stop” assistance with the necessary paperwork that comes with the death of your retired loved one.

## Reporting the Death of Annuitant

When you pass, your eligibility for Survivor Benefit Plan ends. Prompt reporting of a deceased military annuitant’s death can help avoid delay and possible financial hardship to surviving family members of executors, who will be required to return any unearned payments of the decedent’s annuity pay. Be sure to let your survivors know that your (SBP Annuitant) death will need to be reported to DFAS or you can contact our office at (850) 884-2686.

## Retirees

Do your loved ones know who to contact in the event of your death? Casualty Assistance Representatives (CAR) stand ready to lend a hand with your casualty assistance needs. Call us for an appointment to talk about what you should have ready for your loved ones in the event of your passing.

## Hurlburt Field Casualty Assistance Office

Inez Reyes - CAR/SBP Representative.....	1-850-884-2686
Retired Air Force.....	1-877-353-6807
Retired Army .....	1-800-626-3317
Retired Coast Guard.....	1-800-772-8724
Retired Marines.....	1-800-847-1597
Retired Navy .....	1-800-368-3202
Retired Civil Service .....	1-888-767-6738
Receiving VA Compensation.....	1-800-827-1000
Social Security Administration.....	1-800-772-1213





# HURLBURT FIELD DIRECTORY

**■ AIRMAN & FAMILY READINESS CENTER 884-5441**  
220 Lukasik Avenue, Bldg 90213  
Monday-Friday, 7:30am-4:30pm

**■ CHILDREN & YOUTH**

**Childhood Development Centers**  
Monday-Friday, 6am-6pm  
Saturday & Sunday, Closed

**CDC Main 884-6664**  
108 McMillan Street, Bldg 90353

**CDC East 881-1260**  
133 Leilmanis Drive, Bldg 91168

**CDC West 884-5154**  
26 Weaver Street, Bldg 90306

**Family Child Care 884-4300**  
301 Tully Street, Bldg 90509  
Walk-In, Monday-Wednesday & Friday,  
7:30-8:30am  
Appt. Only, Monday-Friday, 7am-4pm

**Youth Center**  
117 McMillan Street, Bldg 90304

**Preteen 884-6355**  
Monday-Thursday, 2:30-7pm  
Friday, 2:30-9pm  
Saturday & Sunday, Closed

**School Age Program 884-6355**  
Monday-Friday, 6am-6pm

**Teen Center 884-6355**  
Monday-Thursday, 2:30-7pm  
Friday, 2:30-9pm  
Saturday & Sunday, Closed

**■ DINING/RESTAURANTS**

**The B1STRO 884-1920**  
Bldg 1  
Monday-Friday, 10am-1:30pm

**The Hooch Restaurant & Bar**  
Inside The Soundside  
107 Kissam Street, Bldg 90910  
Monday-Friday, 4-9pm

**Oasis Café 881-5731**  
inside Gator Lakes Golf Course  
Monday-Sunday, 6:30am-1:30pm

**Rickenbacker's 884-7365**  
(Mini Mall) 437 Tully Street, Bldg 90228  
Monday-Friday, 6am-1pm

**The Soundside 884-7507**  
**Main Office & Catering**  
107 Kissam Street, Bldg 90918  
Monday-Friday, 8am-1pm & 2-4pm

**Spare Time Grill 884-6470**  
Inside Hurlburt Lanes (Bowling)  
442 Cody Avenue, Bldg 90231  
Monday, 6:30am-4pm  
Tuesday-Friday, 6:30am-8pm  
Saturday, Noon-9pm  
Sunday & Holidays, Closed

**Velocity Café 884-7365**  
(Mini Mall) 437 Tully Street, Bldg 90228  
Monday-Friday, 10:30am-2pm

**The Reef (Military Dining) 884-7725**  
313 Cody Avenue, Bldg 90326  
Monday-Friday  
Breakfast, 6-8:30am  
Lunch, 11am-1pm  
Dinner, 4:30-6:30pm  
Saturday, Sunday & Holidays  
Breakfast, 7:30-9am  
Lunch, 11am-1pm  
Dinner, 4:30-6:30pm

**The Riptide (Military Dining) 881-5127/5128**  
150 Howie Walters Road, Bldg 91007  
Monday-Friday  
Breakfast, 6-8am  
Lunch, 11am-1pm  
Dinner, 4:30-6:30pm  
Flight Kitchen  
(850) 240-3861  
Monday-Friday, 5pm-2am  
Weekends & Holidays, 24/7 on-call

**■ EDUCATION & LEARNING**

**Education & Training 884-6724**  
221 Lukasik Avenue, Bldg 90220  
Monday, Tuesday, Thursday, Friday,  
7am-4pm  
Wednesday, 8:30am-4pm

**Library 884-6266**  
(Mini Mall) 437 Tully Street, Bldg 90228  
Monday-Thursday, 8am-7pm  
Friday, 8am-3pm  
Saturday, 9am-1pm  
Sunday & Federal Holiday, Closed

**■ EMPLOYMENT**

**Civilian Personnel 884-5212/5224**  
212 Lukasik Avenue, Bldg 90210  
Monday, Tuesday, Thursday, Friday,  
8am-4pm  
Wednesday 8:30am-4pm

**NAF Human Resource 884-6464**  
145 Letourneau Circle, Bldg 90327  
Monday-Friday, 8am-4pm

**■ FITNESS & SPORTS**

**Aquatic Center (Pool) 884-3366**  
207 Cody Avenue, Bldg 90300  
**Open Swim:** Monday, Tuesday,  
Wednesday, Friday 1-6pm  
**Lap Swim:** Monday, Tuesday, Wednesday,  
Friday 10am-1pm

**Fitness Center - Aderholt 884-6884**  
259 Tully Street, Bldg 90517  
Monday-Friday, 5am-10:30pm  
Weekends & Holidays, 8am-5pm  
24/7 Access Available - Please Register at  
Facility

**Fitness Center - Commando 884-4412**  
452 Cody Avenue, Bldg 90232  
Monday-Friday, 5am-7pm  
Weekends, Down Days &  
Holidays, Closed  
24/7 Access Available - Please Register at  
Facility

**Fitness Center - Riptide 881-5121**  
150 Howie Walters Road, Bldg 91007  
Monday-Friday, 5am-8pm  
Weekends, Down Days &  
Holidays, Closed

**Gator Lakes Golf Course 881-2251**  
403 Walkup Way, Bldg 91300  
Monday-Sunday, 7am-Dusk

**Gator Lakes Pro Shop 881-2251**  
403 Walkup Way, Bldg 91300  
Monday-Sunday, 6:30am-6pm

**Hurlburt Lanes (Bowling) 884-6941**  
442 Cody Avenue, Bldg 90231  
Monday, 9am-4pm  
Tuesday-Friday, 9am-9pm  
Saturday, Noon-10pm  
Sunday & Holiday, Closed

**■ MILITARY PERSONNEL (MPF)**

212 Lukasik Avenue, Bldg 90210  
**CAC/ID 884-5321/5322**  
Mon, Tue, Thur, Fri: 7:30am-3:30pm  
Wed: 8:30am-3pm

**Passports 884-2017**  
Walk-in (military): Mon, Tues, Thurs:  
7:30am-9:30am, 1:00pm-2:00pm  
Visa/Dependents/GS Employees: Wed, Fri  
(appointments only)

**Resources**

**Adverse Actions 884-2537**  
**Assignments 884-2015**  
**Awards & Decorations 884-2693**  
**Career Development 884-4339**  
**Duty/TDY History 884-2536**  
**Evaluations 884-2536**  
**Force Management 884-1924**  
**Promotions 884-4616**  
**Reenlistments/Extensions 884-2733**  
**Retirements/Separations 884-5077**  
Mon, Tue, Thur, Fri: 7:30am-3:30pm  
Wed: 8:30am-3pm

**■ RECREATION & HOBBIES**

**Auto Hobby Shop 884-6674**  
(Arts & Crafts Building)  
552 Hamby Place, Bldg 90612  
Monday, Closed  
Tuesday-Thursday, 9am-8pm  
Friday-Sunday, 9am-4pm

**Community Center & Special Events 884-5080**  
(Mini Mall) 437 Tully Street, Bldg 90228  
Monday-Friday, 7:30am-4:30pm

**Dive Shop 881-1576**  
RV3 off Walkup Way  
Summer Hours  
Monday & Friday, 5-7pm  
Winter Hours  
Friday, 5-7pm

**FAMCamp 797-0103**  
210 Downs Circle  
Monday-Friday, 9am-3pm  
Weekend Call-In 884-6939

**Information, Tickets and Travel Leisure Travel 884-5699**  
**Tickets & Tours 884-6795**  
424 Cody Avenue, Bldg 90229  
Tuesday-Friday, 9am-3pm  
Saturday-Monday, Closed

**Lil' Commando Community Park 884-6939**  
Located next to CDC Main  
and CDC West

**Marina 884-6939**  
100 Corlew Road, Bldg 92473  
Summer Hours (starts 1 May)  
Monday-Thursday, 9am-5pm  
Friday-Sunday, 9am-6pm  
Winter Hours (starts 1 October)  
Daily, 9am-4pm

**Outdoor Recreation 884-6939**  
Summer Hours (starts 1May)  
Monday-Thursday, 9am-5pm  
Friday-Sunday, 9am-6pm  
Winter Hours (starts 1 October)  
Daily, 9am-4pm  
100 Corlew Road, Bldg 92473

**Rifle & Pistol Club 884-6939**  
100 Corlew Drive  
Office hours & Memberships  
Saturday only, 8-Noon

**Single Airmen Program 884-5080**  
(Mini Mall) 437 Tully Street, Bldg 90228  
Monday-Friday, 7:30am-4:30pm

**Skeet Range 884-3366**  
6th Ranger Road  
Saturday & Sunday, 8am-4pm

**■ MISCELLANEOUS**

**Print Shop 884-4252**  
145 Letourneau Circle, Bldg 90327  
Monday-Friday, 8am-4pm

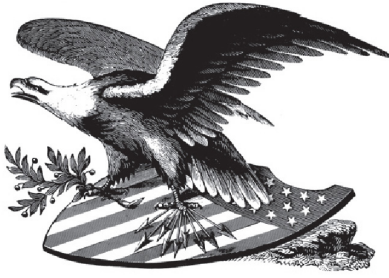
**Commando Inn 884-7115**  
301 Tully Street, Bldg 90509  
(Main) 107 Kissam Street, Bldg 90918  
(The Soundside)

**Plaque & Trophy Shop 884-5294**  
(Arts & Crafts Building)  
552 Hamby Place, Bldg 90612  
Monday, Closed  
Tuesday-Thursday, 9am-8pm  
Friday-Sunday, 9am-4pm

**Recycling 884-7577**  
202 Walkup Way, Bldg. 91360  
Monday-Thursday, 7am-2pm

## HURLBURT FIELD QUICK REFERENCE PHONE NUMBERS

Airman's Attic .....	884-7769	Finance Accounting .....	884-4119	Legal Office .....	884-7821	Safety Office .....	884-5243
Back Gate .....	881-2259	Dental Clinic .....	884-7881	Main Gate .....	884-7803	School Liaison Officer .....	884-6355
Barber Shop (Main Exchange) .....	581-8893	Emergency Management .....	884-4304	Mental Health .....	881-4237	Security Forces .....	884-6423
Barber Shop (Mini Mall) .....	581-4334	Emergency Room (Eglin) .....	883-8228	Mortuary Affairs .....	884-2957	Sexual Assault Prevention/Response .....	884-7272
Casualty Assistance .....	884-2686	Exchange (Main Store) .....	581-0030	..... (cell # 850-420-6647)		.....	884-7272
Chapel Center .....	884-7795	Express (Shoppette) .....	581-0488	Pass & Registration .....	884-5233	Space "A" Travel .....	884-1086
Clinic Appointments .....	881-1020	Family Advocacy .....	881-5061	Pharmacy .....	881-2133	Thrift Shop .....	884-3098
Commissary (DeCA) .....	881-2138/2150	Firestone .....	581-0488	Post Office .....	884-7699	TRICARE .....	881-5177/3912
Corvias (Base Housing) .....	344-0220	Health and Wellness Center .....	884-4292	Public Affairs .....	884-7196	Veterans Affairs .....	(800) 827-1000
Credit Union (Eglin Federal) .....	862-0111	Honor Guard.....	884-5330/4797	Red Cross .....	432-7601	Visitor Control Center .....	884-2310
DEERS .....	(800) 538-9552	Inspector General .....	884-6322	Retiree Activities Office .....	884-5443		



United States Air Force  
OFFICIAL BUSINESS

**Retiree Activities Office**  
**1SOW/CVR**  
**212 Lukasik Street, Suite 150**  
**Hurlburt Field, FL 32544-5269**

*Phone: (850) 884-5443*

*E-mail: [ISOFSS.RAO@US.AF.MIL](mailto:ISOFSS.RAO@US.AF.MIL)*

*Web: [www.retirees.af.mil](http://www.retirees.af.mil)*

**Proudly serving those who served.**

## RETIREE ACTIVITIES OFFICE DIRECTOR'S CORNER

The RAO currently has six volunteers (enlisted, officer and retiree spouse) in the office and we are looking for more volunteers. The office is manned from 9am to Noon, Monday through Friday, except for down days and holidays. Working in the RAO is not that difficult as we mostly direct retirees to the experts in the building. What we really enjoy is helping people.

So if you are interested in volunteering at the RAO please email us at [ISOFSS.RAO@us.af.mil](mailto:ISOFSS.RAO@us.af.mil) or call 850-884-5443 between 9am and Noon, Monday through Friday, and if no one answers, please leave a message. We are looking for more volunteers, so why not make a difference and join our team.

The RAO has a page in the 1st Special Operations Force Support Squadron's UP + About monthly magazine, so pick up the magazine and find out what's happening at Hurlburt Field.

Finally, when you get this newsletter, which is being mailed to more than 14,000 retirees and widows, and you would like to comment on something in the newsletter, please call or email the RAO.

**Your friendly staff at the Hurlburt Field  
Retiree Administrative Office**



**From left to right:**

**Terry W. Jensen, Mac McCormick,  
Maria Herrera, Jack Kinney, and W.W. Davis**